



# Peace Matters

PEACE UNITED METHODIST CHURCH  
2300 W. Wisconsin Ave., Kaukauna, WI 54130

Visit us on the web: [www.peaceunitedmethodist.com](http://www.peaceunitedmethodist.com)

February 2012

## A Word from Pastor

Dear Christian Friends,

As we continue in the season of winter, the mild weather has to leave all of us with a sense of optimism that better days are ahead. Spring will be coming! In preparation of that coming we have spent time in January talking about, The Visible Attributes of a True Christian Life. We have been set free to *live, serve, and transform* the world. The biblical text for this is from Galatians 5:1, & 13-23, which talked about the works of the flesh and the Fruit of the Spirit. Because of Jesus Christ, we have been given freedom. This freedom is not to do as we please but freedom to be guided by the Holy Spirit as we follow Christ. This freedom allows us to grow in our faith and to bare good fruit.

As February begins we have many things going on at Peace. Confirmation Sunday will be February 12<sup>th</sup> during the 10:30 service. The mission festival will also be held this day. Ash Wednesday is on February 22<sup>nd</sup>, and the season of lent will begin. We will also have Dr. Richard Jones leading worship on February 26<sup>th</sup>.

In preparation for the upcoming season of Lent, this year we will be studying Max Lucado's book, Six Hours One Friday. As in previous years, there will be a small group study available and I will be preaching on this too. More information will be coming about this series.

Jesus Christ has set us free. With this freedom, we have much to be thankful about.

See you in Church,

Pastor Tim

### Inside this issue:

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### DATES TO REMEMBER

February 2

UMW Unit Meeting 1:30pm

February 5

"Souper Bowl Sunday"

February 9

Rebekah Circle 7:00pm

February 12

Mission Dinner-potluck 11:45am

February 16

Esther Circle 1:30pm

Trustees Meeting 6:00pm

Ad Council Meeting 7:00pm

February 23

Prayer Shawl Ministry 9:00am





2/5 Waiting On The Lord  
Isaiah 40:21-31  
139 Praise to the Lord, the almighty

2/12 Confirmation Sunday  
Fit To Win  
1 Corinthians 9:24-27  
396 O Jesus I Have Promised

2/19 Begin Lenten Series Six Hours One Friday  
Anchor Deep  
Matthew 11:28-29  
355 Depth of Mercy

2/22 Ash Wednesday  
A Vulnerable Heart  
Joel 2:1-2, 12-17

2/29 Dr. Dick Jones preaching  
Forward In Faith  
Ezra 2:68-69, 3:10-13



Welcome to our new members of  
Peace United Methodist Church

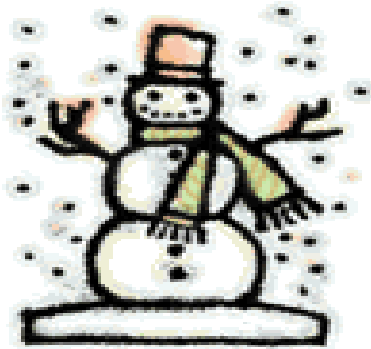
The DuFrane Family:  
Mark, Karen,  
Sophie and Levi





## United Methodist Women by Mary Trettin

A United Methodist Women's Unit meeting will be held on February 2nd at 1:30pm in the church lounge. Esther Circle will serve as hostess. A program on "Personal Safety" will be presented by Julie Hammen beginning at 1:45pm. Julie will talk about physical safety, home and car safety, internet and phone scams and how we can protect ourselves. Anyone in the church who would be interested in hearing this talk is welcome to come and hear Julie speak.



Circle meetings:

Rebekah Circle will meet on February 9th at 7pm at the home of Nancy Green. Deb Perronne will give the program.

Esther Circle will meet on February 16th at 1:30pm in the church lounge. VerLea Doro will serve as hostess and Annette Porter will present the program.

Did You Know??? That our unit of United Methodist Women pledges \$1,500 to the Mission Giving of Women's Division to carry on their work of helping women, children and youth around the world to live a better life. Any woman of the church is welcome to join in our fellowship. Give me a call at 766-5077 if you are interested.

Mary Trettin, President



### UMW BOOK CORNER

*TOUCH* by Pastor Rudy Rasmus is a United Methodist Women's Reading Program Book under the category Spiritual Growth.

Before God touched his heart and transformed his life, Rudy Rasmus, was a businessman running a "borderline bordello" in Houston, Texas. But

thousands now know him simply as Pastor Rudy, a transformed leader of a downtown ministry at St. John's Church that he and his wife, Juanita, started to reach out to those who Jesus called "the least of these".

*Touch* is the amazing true story of Rudy's life, his response to God's grace, and his passion to touch every person with God's great love. This is a book of bib-

lical truths and ministry principles, but more than that, it's the story of God using Pastor Rudy and St. John's Church to reach into people's deepest fears and highest hopes - and touch them with God's transforming love. This reader gives it a five star rating!



## Parish Nurse By Julie Hammen, R.N.

### More Winter Tips to Stay Healthy:

Start your day with a prayer, and add a Bible Reading or Devotion; it promotes the health of the soul.

Make it a point to smile every day about something, the world has so many wonderful things to smile about, and **God loves to see you smile.** By focusing on positive things that give us happiness our emotions stay healthier too. There is a lot of negativity, sadness, and bad things happening in today's world and we are inundated by it through the media. Add a personal goal to your life; balance all the depressing news with all the God given wonders and joy in the world. Ask God to bless you, to challenge you, to be with you as you walk through life, and to keep you from evil. It worked for Jabez in 1 Chronicles Chapter 4, verses 9 & 10 and it can work for you too.

Last month's article focused on eating a healthy diet, the reward being a healthier body. The 10 tips to a great plate found at [www.ChooseMyPlate.gov](http://www.ChooseMyPlate.gov) is a great resource for understanding the new guidelines to healthier eating. Since ½ of what we eat in a day should be fruits and vegetables here are couple of more tips from the website to increase veggies and fruits in our diet:



Fresh or Frozen Vegetables cook quickly in the microwave and then can be added to any dish (soups, casseroles or other main dishes), or served alone for a side dish.

Cutting up fresh vegetables ahead of time and keeping them in containers in the refrigerator makes it easy to pop them on top of a salad or toss into a sandwich or wrap. This is a good way of getting more veggie servings per day.

Choose vegetables of different colors for an appetizing look, Red, Orange and Dark Green Veggies are full of vitamins and minerals.

Watch the frozen vegetable aisle for sale items; frozen veggies are nutritious and convenient.

Stock up on veggies; good things to keep on hand are canned tomatoes and canned beans (try different colors for a pleasant surprise in taste and texture), mushrooms and beets, remember to choose canned goods with a low salt or reduced sodium labels-we DON'T need all that added salt.

Ways to brighten your salads include using colorful vegetables like black beans, red bell peppers, chopped red cabbage (or try the pretty ruffled leafy Kale instead of cabbage-yum).

Try some yummy vegetable soups, like tomato or squash soup or good old fashioned vegetable soup and if making it from scratch - throw in more veggies than usual, if buying canned, toss in a handful of washed spinach or other fresh vegetables for that extra serving, remember watch the salt or sodium.

Buying vegetables in season is easier on the pocket book. Winter is a good time to try root type vegetables! Make it a point to buy something from the fruit and vegetable aisle you have never tried before every time you go to the market.

Don't know how to make it? Try Google or another search engine on line and you will be surprised at the delicious recipes out there. You could call the church office and ask for the nurse, I can look something up and get back to you if you are not computer savvy. Dining out? You can ask for a side dish of veggies instead of those fattening fries. Let me know what new foods you've tried and how you fixed it, it is my personal goal this year to get myself and family to try vegetables and fruits that are new to us at least once a week. I hope you make it yours too; hopefully you will be pleasantly surprised and have a healthier 2012.

Don't forget winter is no excuse for inactivity either. We all need to exercise to the best of our ability. If you are able, try something new like renting snow shoes from 1,000 Islands, or trying your hand ice skating. Enjoy the winter as best you can. Unable to tolerate that, try walking the mall or joining a gym or doing exercise tapes at home. Can't move so well anymore? There are great tapes and DVDs with chair exercises for those with limited mobility. The YMCA has great water exercise programs too. Need other ideas? Call the parish nurse at the church office.

May God Bless You and keep you warm and healthy,

Julie Hammen, RN, BSN  
Your Parish Nurse



By Nancy Green

### “Noisy Can”

What good news! We achieved and exceeded our 2011 goal of \$900.00 for our “noisy can” offering!! \$450.00 of this money goes to help support Paul Webster’s agricultural projects in Zambia-the other \$450.00 goes to the Christian Education Portion of the “Senegal Initiatives”. We will have a carry-over of \$126.72 to start off our 2012 goal! Thank you to all who have faithfully donated to our “noisy can” offering the third Sunday of each month!!

### Mission Dinner

Our annual mission dinner will be held on Sunday, February 12, 2012. We will begin with a potluck meal immediately after morning worship’s second service. Beverages will be provided. Bring a dish of food to share and your own table service. Our speaker will be from the Emergency Shelter of the Fox Cities. We will take a free-will offering for the shelter and will also have a personal product “shower” for the residents (shampoo, lotion, toothpaste, toothbrushes, etc.). Everyone is invited and encouraged to attend!

### Mission Sundays

January 22-offering for the Emergency Shelter in Appleton

February 26-offering to begin to establish an emergency fund for needy Peace UMC members

### Mini Food Pantry

Remember that we have a mini food pantry here at Peace. It is in the kitchenette in the lower cupboard next to the refrigerator. Take what you need and can use.

### Mission Meeting

The mission committee met on November 28<sup>th</sup> to choose projects to emphasize in 2012.

- 1) Pay conference apportionments-11 months
- 2) Continue our “noisy can” offerings
- 3) Collect for CROP, UMCOR, OGHOS
- 4) National project-Redbird Mission in KY
- 5) State project-Madison Hospital Chaplaincy
- 6) Local project-Emergency Shelter of the Fox Cities
- 7) Have a mission dinner to highlight the Emergency Shelter in Appleton
- 8) Establish a discretionary fund to help PUMC members in need (offerings to be taken on a mission Sunday or two)

### “Loaves & Fishes”

The pantry’s special needs for February are pancake mixes, canned fruits, boxed puddings and boxed jellos. All of the pantry’s clients are so grateful for your generosity this past year. Peace UMC members have donated 895 food and personal products as well as 166 “mitten tree” gifts and 55 pairs of socks at Easter time That’s terrific! Thank you!

# Announcements

## Souper Bowl Sunday!

It's almost here!  
Mark your calendars for February 5<sup>th</sup>  
after 1<sup>st</sup> and 2<sup>nd</sup> service.  
The youth will be having our annual  
**TAILGATE PARTY!**



**SOUPER  
BOWL**

We will be selling brats, hot dogs,  
hamburgers, chips and brownies!  
Plan your Super Bowl meal with us!

We will make to-go meals too!  
We will also be collecting non-perishable  
food and monetary donations.  
All proceeds and food will go to  
Loaves and Fishes food pantry.

## A United Methodist Women's Unit Meeting

*Will be held on  
February 2nd at 1:30pm  
in the church lounge.*

*Esther Circle will serve as hostess.  
A program on "Personal Safety"  
will be presented by Julie Hammen  
beginning at 1:45pm.*

*Julie will talk about physical safety,  
home and car safety, internet and phone  
scams and how we can protect ourselves.  
Anyone in the church who would be  
interested in hearing this talk is welcome to  
come and hear Julie speak.*



## Mission Dinner:

*Sunday, February 12, 2012  
We will be having a potluck  
meal after the second worship  
service (around 11:45),  
with a speaker from the  
Emergency Shelter Fox Valley.  
There will be a "free will"  
offering to benefit the shelter  
and a personal  
products "shower"  
for the shelter residents.  
Hope to see you there!*

## Health Committee Announcement



*Blood pressure clinic  
held  
1<sup>st</sup> Sunday of each  
month  
Next Clinic  
February 5th*



## "Living Well with Chronic Conditions"

A self-management workshop for people with chronic illness will be held 2 1/2 hours a week for 6 weeks.

In this workshop, you will learn how to:

- \* Deal with your chronic condition
- \* Continue your normal life
- \* Lessen your frustration
- \* And much more

This is a program facilitated by two trained leaders in workshop style and focuses on empowering people with skills to increase their quality of life. A friend, a caregiver, or relative is welcome to attend the course along with the person who has the condition.

For further information, contact Julie Hammen or the church office



Will be  
Sunday, February 12<sup>th</sup>  
at the  
10:30am service

### Crib needed:

We are in need of a crib for the nursery that meets new federal regulations going into effect December 28, 2012. Please contact the church office or a trustee if you have one and would like to donate it to the church.

**Giving Statements and Offering Envelopes**  
are available in the hospitality room.  
Please pick yours up today and save a stamp.



*Did you know your bank can send your offering to PUMC automatically?*

Got questions on setting up automatic offerings to PUMC?



Here's a reminder to take in to your bank.

All you have to do is ask the teller, and they will set it up for you!

You'll need PUMC's address & phone # 2300 East Wisconsin Avenue Kaukauna, WI 54130-1344  
(920) 766-3311

# February Worship Helpers

|                             | Feb 5<br>9:00am      | Feb 5<br>10:30am     | Feb 12<br>9:00am                       | Feb 12<br>10:30am   | Feb 19<br>9:00am                   | Feb 19<br>10:30am     | Feb 26<br>9:00am     | Feb 26<br>10:30am         |
|-----------------------------|----------------------|----------------------|--|---------------------|------------------------------------|-----------------------|----------------------|---------------------------|
| <b>Head Usher</b>           | Jeff<br>Frederickson | Yvonne Rusk          | Brian<br>Wesoloski                     | Barry Olson         | Lynn<br>VanSchyndel                | Dan Glasheen          | Dan<br>Perronne      | Bill Zurovitch            |
| <b>Sound</b>                | Jared Gartzke        | Ed<br>Ramsaroop      | Roberta<br>Kirchner                    | Ed<br>Ramsaroop     | Ben Schultz                        | Ed<br>Ramsaroop       | Jared Gartzke        | Ed<br>Ramsaroop           |
| <b>Greeter/<br/>Foyer</b>   | Gibbs Family         | Marge/Lisa<br>Hull   | Brad/Kim<br>Fahrenkrug                 | Burskey<br>Family   | Bruce/Jan<br>Schubring             | Ken/Millie<br>Brigham | Trudeau<br>Family    | Glasheen<br>Family        |
| <b>Greeter/<br/>Narthex</b> | Bill Palmer          | Bernice<br>Bourassa  | Gerrits<br>Family                      | Claire<br>Schneider | Joyce Olson/<br>Gretchen<br>Hammen | Jason/Pam<br>Bloy     | VanAsten<br>Family   | Orlando/<br>Janice Jansen |
| <b>Ushers</b>               | Schroeder<br>Family  | Max/Nancy<br>Weinert | Ken/Sandy<br>Cummings                  | Glasheen<br>Family  | Jim/Bev<br>Pynenberg               | Matt/Angela<br>Hinz   | Rod/Jackie<br>Spors  | Zeinert<br>Family         |
| <b>Projection</b>           | Cheyenne<br>Weinert  | Sharon<br>Ramsaroop  | Jim/Bev<br>Pynenberg                   | Patrick<br>Burskey  | Cheyenne<br>Weinert                | Sharon<br>Ramsaroop   | Jim/Bev<br>Pynenberg | Patrick<br>Burskey        |
| <b>Liturgist</b>            |                      | Bill Zurovitch       |  | Joyce Olson         |                                    | Arletta<br>Johnson    |                      | Annette<br>Porter         |
| <b>Hospitality</b>          | "Souper<br>Bowl"     |                      | Wendy<br>Junemann &<br>Grace Zurovitch |                     | Mary Muthig                        |                       | Lori Albrecht        |                           |

## \*\*\*FEBRUARY BIRTHDAYS\*\*\*

|                     |       |
|---------------------|-------|
| Kate Fahrenkrug     | 02/01 |
| Rose Cummings       | 02/03 |
| Sandy Derks         | 02/04 |
| Tanner Gerritts     | 02/04 |
| Carie Gibbs         | 02/07 |
| Mackenzie Fairchild | 02/07 |
| Katherine Davidson  | 02/13 |
| Tammy Schultz       | 02/14 |
| Bernice Bourassa    | 02/19 |
| Gretchen Hammen     | 02/20 |
| Vicki Gartzke       | 02/26 |
| Tati Wyman          | 02/27 |



## \*\*\*FEBRUARY ANNIVERSARIES\*\*\*

|       |                           |        |
|-------|---------------------------|--------|
| 02/03 | Donald & Marilyn Bloy     | 39 yrs |
| 02/04 | Donald & Nancy Green      | 56 yrs |
| 02/14 | Rodney & Jacqueline Spors | 42 yrs |



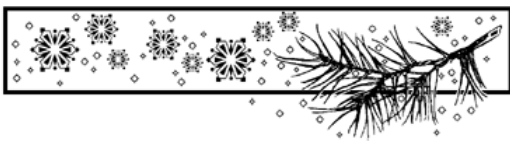
| Sunday   | Monday  | Tuesday  | Wednesday           | Thursday  | Friday              | Saturday   |
|--|---|--|---------------------|---|---------------------|--|
|   |   |  | 1<br><br>WW 5:30pm  | 2<br><br>UMW Unit Meeting 1:30pm<br><br>AA 8:30pm   | 3<br><br>AA 8:00pm  | 4<br><br>Men's Choir Practice 8:00am<br><br>Mixed Choir Practice 8:30am  |
| 5<br><br>9am & 10:30am Worship   | 6<br><br>Boy Scouts 6:30pm<br><br>Praise Team 7:00pm  | 7<br><br>Cub Scouts 6:00pm   | 8<br><br>WW 5:30pm  | 9<br><br>7:00pm Rebekah Circle<br><br>AA 8:30pm   | 10<br><br>AA 8:00pm | 11<br><br>Men's Choir Practice 8:00am<br><br>Mixed Choir Practice 8:30am |
| 12<br><br>9am & 10:30am Worship<br><br><br>Confirmation @ 10:30am service | 13<br><br>Boy Scouts 6:30pm<br><br>Praise Team 7:00pm | 14<br><br><br>Cub Scouts 6:00pm | 15<br><br>W 5:30pm  | 16<br><br>Esther Circle 1:30pm<br><br>Trustees Meeting 6:00pm<br><br>Ad Council Meeting 7:00pm<br><br>AA 8:30pm | 17<br><br>AA 8:00pm | 18<br><br>Men's Choir Practice 8:00am<br><br>Mixed Choir Practice 8:30am |
| 19<br><br>9am & 10:30am Worship  | 20<br><br>Boy Scouts 6:30pm<br><br>Praise Team 7:00pm | 21<br><br>Cub Scouts 6:00pm  | 22<br><br>WW 5:30pm | 23<br><br>Prayer Shawl Ministry 9:00am<br><br>AA 8:30pm   | 24<br><br>AA 8:00pm | 25<br><br>Men's Choir Practice 8:00am<br><br>Mixed Choir Practice 8:30am |
| 26<br><br>9am & 10:30am Worship  | 27<br><br>Boy Scouts 6:30pm<br><br>Praise Team 7:00pm | 28<br><br>Cub Scouts 6:00pm  | 29<br><br>WW 5:30pm |   |                     |  |

## A Note From Michael



Looking Towards the Lenten Season:

It is thought that the word “Lent” comes out of the old Anglo-Saxon word meaning “spring.” Early Christians commemorated the 40 hours during which Jesus lay in the tomb. This was later lengthened to 40 days in recognition of Jesus’ forty days of temptation. During Medieval times, Lent often took on a very somber and dark character. Since the time of the Reformation however, the time of Lent has taken on more of a reflective character, when Christians blend both contemplation with positive actions of growth in the spirit.



With these thoughts in mind, the choir music selections will focus on both the reflective and growth aspects of Lent, and include both hymn-based arrangements and original compositions.

I would also like to call attention to the appearance in Appleton on Saturday and Sunday, March 10 and 11, of Dr. Marva J. Dawn. She will be leading a worship conference entitled: “Christian Worship in a Secular World: Worship-Centered Renewal in the 21<sup>st</sup> Century.” This will be held at Zion Lutheran (ELCA) Church in Appleton. The cost is \$10 for registration and \$10 for the Saturday night dinner at the church. Dr. Dawn is a noted scholar, and has written extensively on issues that deal with the changing nature of the church. To register, you can call Zion at 739-3104.

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“Crafty” is a synonym for guile. Do you remember who is first identified in the Bible as “crafty”? It was the serpent in the garden: “Now the serpent was more crafty than any other wild animal that the LORD God had made” (Genesis 3:1). In Hebrew, the term for “more crafty” is a play on the word for “naked.” That is not to suggest that the serpent is more naked than the humans in the garden, but that he is capable of taking advantage of their *exposed* circumstance, luring them with temptation.

-The New Interpreter’s Bible, Vol. I, 359

# A Stewardship Message For Your Church

#275 Giving is an act of Love. Protect yourself against the least little bit of greed. Life is not defined by what you have, even when you have a lot." Luke 12:15 The Message

Valentine's Day is around the corner. When I was in college, living in an all-women's dorm, Valentine's Day was "the" holiday of the year! There was more activity at the front desk on February 14th as retailers and beaus brought in a steady flow of flowers, candy, cards and other goodies to be delivered to various residents. Flowers were definitely the gift of choice, the gift of "true love!" And every woman who thought she would (or should!) receive flowers, stayed close to the phone waiting and hoping that at least a single rose or a few carnations would arrive in her name.



## STEWARDSHIP

What a different view I have of Valentine's Day now. That's not to say I won't accept flowers from my husband, but I certainly don't wait for them with baited breath! This year Valentine's Day is still in the season of Epiphany, when the love of God is made real and known to us in concrete and "ah-ha" kinds of moments. How do we as God's people make this love known to the world?

For some, it's done in gifts for present need. Others feel called to make gifts to Endowment funds, which Webster defines as a "permanent fund or source of income." What a wonderful way to make the love of God in Christ known to the world through the church forever! The principal is invested and the income may be used for further investments and supplementary expenses. Endowment income is often used to match ordinary income and giving from parishioners, to meet unexpected and extraordinary expenses, or to provide for new and creative ministries.

Endowments are often used to provide matching funds to help a congregation meet unexpected building expenses or begin a new ministry. For more information on how you or your church can establish an Endowment fund, contact us.

## Growing in Generosity

### The Challenge of Ten Apples

Once upon a time there was a couple who had nothing, and God gave them ten apples. God gave them the first three apples to eat. They shared each apple and ate all three.



God gave them the second three apples to trade for a shelter from the sun and rain. They traded the second three for a shelter from the sun and rain. God gave them the third three apples to trade for clothing to wear.

God gave them the last apple so that they might have something to give back to God to show their gratitude for the other nine. But the man and woman looked at the tenth apple, and it seemed bigger and juicier than the rest. They reasoned that God had all the other apples in the world. So they ate the tenth apple and gave back to God the core.

God has given you enough apples to supply your needs – plus one with which you may show your gratitude to God. The choice is yours. Will you return to God the largest and juiciest of your apples – or only the core?

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**PEACE UNITED METHODIST CHURCH**

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**Sheila Van Rooy, Administrative Assistant**  
**Michael Meyer, Organist/ Choirmaster**  
**Lauren Viljamaa, Praise Team Director**  
**Tom & Sandy Derks, Custodians**  
**Kay Fulcer, Adult Nursery Provider**  
**Vicki Gartzke, Sunday School Superintendent**  
**Belinda VanDeLeygraaf, Youth Ministry**  
**Julie Hammen, Parish Nurse**

Visit us on the web: [www.peaceunitedmethodist.com](http://www.peaceunitedmethodist.com)

